Introducing our Self Empowering & Enabling Kiosk (S.E.E.K)

ABOUT S.E.E.K.

Self Empowering & Enabling Kiosk (S.E.E.K.) is a non-invasive health screening kiosk which serves as a self-help machine to evaluate not just personal physiologic measurements but functions beyond what a simple measurement device can do.

S.E.E.K. helps to increase access to primary healthcare services and present greater autonomy, flexibility and convenience in terms of accessible location and 24/7 access to users empowering patients to take charge and plan ahead for their health.

FEATURES & BENEFITS

Patient / User registrations
Support general pre-consultation / health screening questions
Support specific questions relating to cardiovascular health, diabetes, depression, asthma, lifestyle and health related habits
Users can see their current health status against their target range
Gives personalised advice based on user's parameters acting as a tool for individuals to monitor their health regularly
Usable by patient’s care team or patients themselves
User-centered design

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USERS & REASONS FOR USING S.E.E.K.

- Patients with the following diagnosis
  - Asthma
  - COPD
  - Diabetes
  - Hypertension
  - High Cholesterol Prevention & Health Promotion
  - Health Monitoring in primary care setting as pre-doctor consult prior to being sent to treatment room/doctor consult room

- Users with chronic diseases
  - Monitoring for review and to control disease

- At risk and unknown users
  - Screening for Hypertension, Obesity, Depression and Asthma
  - Preventive health care, acute care for a specific set of relatively minor clinical conditions
  - Based on health monitoring, prompt action and participation in activities to help achieve goals of active ageing
  - Increase awareness of one’s health, encourage reflection and motivation to take action for healthy living

- Patients visiting the emergency department for low acuity cases
  - Screening and Triaging for doctor/nurse consultation in the ED

PHYSIOLOGIC & CHRONIC DISEASE MONITORING MEASUREMENTS

- HbA1c (glycated haemoglobin)
- LDL (low-density lipoprotein)
- Blood pressure
- Body Mass Index (BMI)
- Height & Weight
- Heart rate
- Temperature

RECOMMENDED PLACES OF IMPLEMENTATION

- Preventive Care: Disease Prevention & Health Promotion
- Clinics: Primary care
- Hospitals: Acute care, Sub-acute care, Ambulatory care, Active & Rehab Care, Home care
- Nursing Home: Slow Stream Rehab care, Long Term Care

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