

Introducing our Self Empowering & Enabling Kiosk (S.E.E.K)



ABOUT S.E.E.K.

Self Empowering & Enabling Kiosk (S.E.E.K.) is a non-invasive health screening kiosk which serves as a self-help machine to evaluate not just personal physiologic measurements but functions beyond what a simple measurement device can do.

S.E.E.K. helps to increase access to primary healthcare services and present greater autonomy, flexibility and convenience in terms of accessible location and 24/7 access to users empowering patients to take charge and plan ahead for their health.

FEATURES & BENEFITS

- Patient / User registrations
- Support general pre-consultation / health screening questions
- Support specific questions relating to cardiovascular health, diabetes, depression, asthma, lifestyle and health related habits
- Users can see their current health status against their target range
- Gives personalised advice based on user's parameters acting as a tool for individuals to monitor their health regularly
- Usable by patient's care team or patients themselves
- User-centered design

CONTACT US NOW AT:



+65 6297 6480



sales@ait.sg

Block 3015A Ubi Road 1
#03-03, Singapore 408705
www.ait.sg

USERS & REASONS FOR USING S.E.E.K.

- ✓ **Patients with the following diagnosis**
 - Asthma •COPD •Diabetes •Hypertension •High Cholesterol Prevention & Health Promotion

Health Monitoring in primary care setting as pre-doctor consult prior to being sent to treatment room/ doctor consult room
- ✓ **Users with chronic diseases**

Monitoring for review and to control disease
- ✓ **At risk and unknown users**
 - Screening for Hypertension, Obesity, Depression and Asthma
 - Preventive health care, acute care for a specific set of relatively minor clinical conditions
 - Based on health monitoring, prompt action and participation in activities to help achieve goals of active ageing
 - Increase awareness of one's health, encourage reflection and motivation to take action for healthy living
- ✓ **Patients visiting the emergency department for low acuity cases**

Screening and Triage for doctor/nurse consultation in the ED

PHYSIOLOGIC & CHRONIC DISEASE MONITORING MEASUREMENTS

HbA1c
(glycated haemoglobin)

LDL
(low-density lipoprotein)

Blood pressure

Body Mass Index (BMI)
Height & Weight

Heart rate

Temperature

RECOMMENDED PLACES OF IMPLEMENTATION

Preventive Care: Disease Prevention & Health Promotion

Clinics: Primary care

Hospitals: Acute care, Sub-acute care, Ambulatory care, Active & Rehab Care, Home care

Nursing Home: Slow Stream Rehab care, Long Term Care

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